

FACTS

Anyone can be a victim: male/female; child; younger or older adult.

Anyone can be an abuser: family member; friend; neighbour; professional; worker; volunteer; colleague; manager; stranger; groups or gangs of people (adults or children); an organisation.

Abuse can happen anywhere: at home; in the community; a public area; workplace; in an institution (e.g. residential/nursing home; day centre; education establishment; hospital; prison); supported living; sheltered housing.

Abuse can happen at any time.

FORMS OF ABUSE

- Physical
- Sexual (includes exploitation; harassment)
- Emotional/psychological
- Neglect/act of omission
- Self-neglect
- Financial/material
- Discriminatory (includes hate crime)
- Domestic abuse/violence
- Modern slavery (includes human and sex trafficking)
- Organisational/institutional abuse
- Stranger abuse

INTERESTED IN ATTENDING A GROUP?

If you want to know more about Beyond Existing and how we work then please ring the office or mobile number below.

We do accept referrals from professionals and workers but they must have gained consent from their service user before contacting us.

Please note: we cannot offer one-to-one therapy sessions.

CONTACT DETAILS

Unit 18
New Mesters
53 Mowbray Street
Sheffield
S3 8EN

Office telephone: 0114 270 1782

Mobile telephone: 07850 045929

Email: info@beyondexisting.org.uk

www.beyondexisting.org.uk



BEYOND EXISTING THERAPEUTIC SUPPORT GROUPS FOR ADULTS WHO HAVE BEEN ABUSED



Founded in 2000

Patron
Lesley Glaister, Author

OUR HISTORY

Beyond Existing came into existence after the first stage of a research project entitled '**The Needs of Older Women: Services for Victims of Elder Abuse and Other Abuse**' was undertaken by Jacki Pritchard and funded by the Joseph Rowntree Foundation between 1997 and 2000.

During that time the project extended to include older men who had been abused. One of the key findings of the research project was that both older men and women said they wanted to meet other victims who had experienced abuse either in childhood or adulthood and they wanted to heal.

The Joseph Rowntree Foundation funded a pilot study in 2000 to see whether support groups did work and this was how Beyond Existing started. Between 2000 and 2003 the organisation supported older people; in 2003 the remit of the organisation extended to work with anyone over 18 years of age.

We respond to need and therefore since 2000 we have run groups for:

- Women only
- Men only
- Men and women with dementia who have been sexually abused



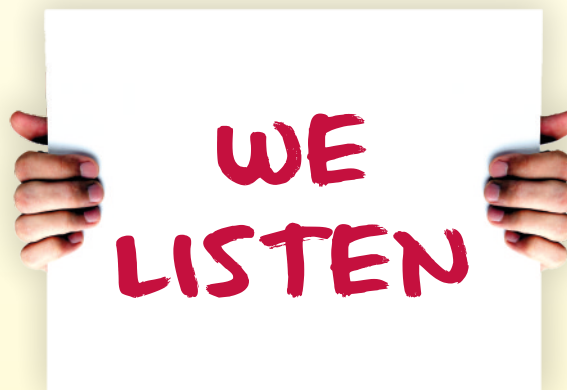
WHAT WE OFFER

- Therapeutic support groups which meet once a month.
- An experienced, professional group facilitator and group supporters.
- The opportunity for victims of abuse to go through the healing process.
- A variety of therapeutic methods to help a victim become a survivor.
- Practical advice and support in relation to abuse issues.

WHO CAN ATTEND

The groups are run for anyone who:

- is aged 18 or over;
- has previously experienced abuse in childhood and/or adulthood;
- is currently living in an abusive situation;
- lives in **WEST YORKSHIRE** (i.e. Leeds, Wakefield, Bradford, Halifax, Huddersfield) or the surrounding areas (**Yorkshire, Humberside, Greater Manchester**).



VENUE

The groups are run in a safe, therapeutic environment in **LEEDS CITY CENTRE** (5 minutes walk from the train station or easily accessible by bus).



TRANSPORT

If a person has a genuine difficulty in getting to the venue we can arrange and fund transport.

COST

If a person wants to become a member of a Beyond Existing group we ask for a **one-off donation of £10**. No fees are charged for attending the group meetings on a regular basis.

DATES OF MEETINGS

The groups usually meet during the daytime on the **first Saturday of every month**. However, the dates can be changed if it is a Bank Holiday weekend.